



PLAYER EXPECTATIONS

Parents recognize that the players and coaches' commitment to Valor United FC and to each other is for the soccer year, which are fall and spring seasons.

Attendance Policy

Valor United FC players are expected to attend practice; however, we understand that certain scheduling conflicts may make attendance at a given practice impossible. This policy is designed to address the process for missing practice. In the end, it is the responsibility of the players and parents to communicate with their child's head coach and director clearly and early to avoid any confusion regarding playing time or the player's standing within the team.

It is the policy of Valor United for the head coach to record attendance at every practice.

Academy - U10 Age Groups

Attendance will be taken in these age groups; however, Valor United does not discourage players from participating in an additional sport or activity, even during the season. Communication between the parents and coach is critical when needing to miss a practice and/or game. A player may see a reduction in playing time when his/her practice time is less than that of his/her teammates without properly communicating to the coach.

U11-U13 Age Groups

Players in these age groups playing multiple sports must understand that attendance at practices and games with a Valor United team is not optional without sufficient notice. Players missing practice for illness, school, other sports, church, or family are expected to contact the coach at least 24 hours before the scheduled practice time. Communication between the parents and coach is critical when needing to miss a practice and/or game. A player will see a reduction in playing time when his/her practice time is less than that of his/her teammates without properly communicating to the coach.

U14-U18 Age Groups

Attendance at all practices/games is required, except in the case of illness or pre-approved by staff family/school function. Players missing practice for illness, school, church, or family are

expected to contact the coach at least 24 hours before the scheduled practice time. Communication between the parents and coach is critical when needing to miss a practice and/or game. A player will see a reduction in playing time when his/her practice time is less than that of his/her teammates without properly communicating to the coach.

Players on a U14-U18 team who wish to participate in a second activity/sport, is permitted to do so. It is the discretion of the staff to approve any such requests and important to note that players will not be rewarded for not attending practice.

PLEASE NOTE

If you make the travel team, your full commitment is expected. That commitment means that you must attend all practices, games, and tournaments during the fall primary soccer season. It will be expected that your parent(s) will facilitate your participation and attend all events relating to games and tournaments with you. Our main priority is proper communication between the players, parents and coaches when other commitments may arise. “No call no shows” are not acceptable and your child will not be rewarded for a lack of communication.

Financial Obligation

Parents agree and accept the financial terms outlined by Valor United FC.

Parents also agree that should their child decide to leave the team for any reason, they are still responsible for any monies owed to the team to cover all team fees including those for events which will occur after their child is released but which are budgeted prior to our release request. Parents also agree that if their child leaves the team, no monies paid, donated or fundraised will be refunded.

Practice Requirements

Academy – U13

Players are required to always have running shoes, cleats, shin guards, a soccer ball and water at every practice. Being prepared is a crucial part of a player’s discipline. Players must wear their Valor United training top to all practices, at the coach’s discretion. Players are expected to be on time to practices; if the player is going to be tardy to practice or needing to leave practice early, please contact the coach with adequate notice. Please discuss conflicts directly with the coach if tardiness or early departures from practice are consistent; please note players will not be rewarded for missing any part of practice. Please allow each coach a 10–15-minute cushion to end practice after the allotted scheduled timeframe. Unless told otherwise, players are required to clean up after every practice.

U14 – U18

Players are required to always have running shoes, cleats, and water at every practice. Being prepared is a crucial part of a player's discipline. Players must wear their Valor United training top to all practices, at the coach's discretion. Players are expected to be on time to practices; if the player is going to be tardy to practice or needing to leave practice early, please contact the coach with adequate notice. Please discuss conflicts directly with the coach if tardiness or early departures from practice are consistent; please note players will not be rewarded for missing any part of practice. Players are expected to arrive to practice at least 15 minutes before scheduled time to begin stretching. Please allow each coach a 10-15 minute cushion to end practice after the allotted scheduled timeframe. Unless told otherwise, players are required to clean up after every practice.

Game/Practice Expectations

Players are to arrive at each game one hour prior to game time, unless otherwise noted by the coach. Players are required to bring all uniforms to each game. Players are expected to maintain a positive attitude during all Valor events, practices, and games. Players are to be a team player and always encourage their fellow teammates. It is vital to be respectful of your team coach and trainers, even if you may disagree with them. Each player must be respectful and show the upmost sportsmanship with opposing players, coaches, and officials – this includes refraining from using foul or degrading language. Players should not engage in any flight or flagrant unsportsmanlike conduct during practice, training, game, or event. Players should respect all uniforms, equipment, training facilities and other property provided by Valor United. Players are expected to accept victory and defeat with dignity. Playing time is never guaranteed and players should recognize that certain games are more competitive than others. Some players will earn more playing time based on effort, attendance, and skill.

Cell phone use is not allowed during practice, training sessions, games, or tournaments unless prior approval from their coach. Players should use social media in a respectful manner and refrain from posting inappropriate material on all platforms. Drug and alcohol use and other inappropriate behavior, including posting inappropriate information on my social media are grounds for dismissal from the club.